



FACULTY OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF UNANI MEDICINE AND SURGERY
LEVEL V FIRST SEMESTER EXAMINATION
OCTOBER / DECEMBER 2023
NQ 5101- ILMUL ATFAL - 1

Date: 03.11.2023
Time: 9.45 a.m. – 12.15 p.m.

Part I - Structured Essay Question

Answer all questions.

Index No

01. Provide specific dietary guidelines and *Ilaj bil Ghiza* for the following situations
1.1 A mother who wants to know about *Fitham* for her 06 months old baby (02 Marks)

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1.2 A mother who wants to know about *Fitham* her 9 month old child (02 Marks)

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1.3 An 08 year old child who is being treated for recurrent *Zeequn nafs* (02 Marks)

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1.4 A 10 year boy who is suffering from *Naqz e Taqziya* due to *Zoaf e Jiggar* (02 Marks)

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02.

2.1 What are the essential questions to ask about a child's immunization history and medication he/she has been used? (02 Marks)

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2.2 How do you elicit information about a child's sleep patterns, and physical activity during the history-taking process? (02 Marks)

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2.3 What are the warning signs that might early referral to a specialist during pediatric history taking? (02 Marks)

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2.4 List out the ethical considerations and confidentiality concerns when taking a pediatric history and involving parents and children in decision-making (02 Marks)

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03.

3.1. Define 'Small for Gestational Age'

(01 Mark)

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3.2 Write down 04 *Awarizat* for 'Small for Gestational Age'.

(02 Marks)

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3.3 Write down 06 differences between the symmetrical and asymmetrical of Small for Gestational Age.

(03 Marks)

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04. A 5-year-old boy complains of severe nose blockage, breathing difficulty resulting to use mouth breathing associated with abdominal pain and difficulty in eating and drinking especially hot fluids. On examination, collection of peep & presence of white patches on *Halaq*.

4.1 Write 03 important questions you would ask from parents to get more information.

(1.5 Marks)

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4.2 List out 04 *Thafreeq e Taskhees* for the above scenario.

(02 Marks)

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4.3 Write 05 *Awarizat* for the above condition?

(2.5 Marks)

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05.

5.1 Mention 04 typical viral agents that cause Upper Respiratory Tract Infections. (02 Marks)

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5.2 Write 04 nasal findings of Viral nasopharyngitis. (02 Marks)

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5.3 Write 04 common clinical features of childhood bronchiolitis. (02 Marks)

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06.

6.1 Mention 04 factors to identify 'neonates at risk'. (02 Marks)

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6.2 List 04 factors include in care beyond birth. (02 Marks)

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6.3 List 08 advices should be given to a mother at the time of discharge. (02 Marks)

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Part II – Essay type Questions

01. A 9-year-old child is brought by their parent with a persistent productive cough. The parent reports that the child has had this cough for the past two weeks. The cough is described as wet, with yellow-green mucus production. The child has not experienced any fever, wheezing, or shortness of breath but does complain of occasional chest discomfort during coughing.

1.1 What steps would you take for the initial assessment and evaluation in the given case? (03 Marks)

1.2 How would you differentiate between various potential sabab of the described scenario? (05 Marks)

1.3 What key elements should be included in the physical examination? (03 Marks)

1.4 Write the *Ma'mulat e Matab* for above case? (05 Marks)

1.5 What are the potential *Awarizat* might take place in this case? (04 Marks)

2. A 06-month-old infant is brought by their parents with concerns about feeding problems. The parents report that they have been introducing solid foods to the baby's diet, but they have encountered challenges. The baby appears to have a strong aversion to any food that is not pureed and often gags and spits out textured or lumpy foods.

2.1 What are the initial assessment and evaluation for an infant with feeding problems at the age of six months? (05 Marks)

2.2 Write down the common causes of feeding difficulties in infants at this age? (03 Marks)

2.3 How can you differentiate between various causes of feeding problems in this infant? (05 Marks)

2.4 What key elements should be included in the physical examination? (05 Marks)

2.5 What are the potential complications to watch for in an infant with feeding problems at six months of age? (02 Marks)

Date: 03.11.2023 *****