



04

EXAMINATIONS  
Faculty of Indigenous Medicine

03 NOV 2023

FACULTY OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO

DEGREE OF BACHELOR OF UNANI MEDICINE AND SURGERY

University of Colombo

LEVEL V – FIRST SEMESTER (SUP) EXAMINATION – OCT/DEC 2023

NQ 5101 – ILMUL ATFAL (UNANI PEDIATRICS) – I

Date - 03.11.2023

Time: 02 1/2 hours

9.45 a.m. – 12.15 p.m

Index No

Answer all questions

Part I - Structured Questions

1.

a. What are the essential questions to ask about a child's immunization history and medication use? (02 Marks)

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b. How do you elicit information about a child's sleep patterns and physical activity during the history-taking process? (02 Marks)

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c. What are the warning signs that might early referral to a specialist during pediatric history taking? (02 Marks)

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d. List out the ethical considerations and confidentiality concerns when taking a pediatric history and involving parents and children in decision-making (02 Marks)

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2. A nine-month-old baby was referred to the *Atfal* Clinic for the investigation and management of poor weight gain

a. List three common causes for poor weight gain at the age of 9 months (1.5 Marks)

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b. Write three important information, you would obtain in the history from the mother of this baby (1.5 Marks)

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c. Outline the examination finding you will look for in this baby (02 Marks)

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3. A seven-year-old boy has had a fever, vomiting, and diarrhea for the last 24 hours.

a. List out 3 *Tafreeq e Tashkhees* (01 Mark)

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b. How would you evaluate his status of *Qillat e Ma*? (02 Marks)

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c. Write *Ma'mulat e Matab* for the above case (03 Marks)

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4. A five-year-old child was referred to the *Atfal* clinic for a persistent cough of 2 months duration

a. List 04 common *Sabab* for this presentation (01 Mark)

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b. Outline briefly, the information you would obtain in the history from the mother of this child. (1.5 Marks)

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c. Outline the examination finding you will look for in this child. (1.5 Marks)

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d. Write the *Ma'mulat e Matab* for the above condition.

(03 Marks)

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5. Provide specific dietary guidelines and *Ilaj bil Ghiza* for the following situations

a. A mother who wants to know about *Fitham* her 6-month-old baby (02 Marks)

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b. A mother who wants to know about *Fitham* her 9-month-old child (02 Marks)

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c. An 8-year-old child who is being treated for recurrent *Zeequn nafs*? (02 Marks)

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d. A 10-year boy who is suffering from *Naqz e Taqziya* due to *Zoaf e Jiggar* (02 Marks)

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6. A mother of 6 -year-old boy reports that her son has not had a bowel movement in the past 5 days

a. Write five important information, you would obtain in the history from the mother of this child (01 Mark)

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b. How would you diagnosed this condition in children (01 Mark)

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c. Write the *Ilaj bil Tadbeer* to manage this condition (02 Marks)

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d. Write a *dawa e ghizha* to manage this condition (02 Marks)

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## Part II – Essay type Questions

1.

A 9-year-old child is brought by their parent with a persistent productive cough. The parent reports that the child has had this cough for the past two weeks. The cough is described as wet, with yellow-green mucus production. The child has not experienced any fever, wheezing, or shortness of breath but does complain of occasional chest discomfort during coughing.

- 1.1 What steps would you take for the initial assessment and evaluation in the given case? (03 Marks)
- 1.2 How would you differentiate between various potential *sabab* of the described scenario? (05 Marks)
- 1.3 What key elements should be included in the physical examination? (03 Marks)
- 1.4 Write the *Ma'mulat e Matab* for the above case. (05 Marks)
- 1.5 What are the potential *awarizat* that might take place in this case? (04 Marks)

2. Write the *Ma'mulat e Matab* with the justification for the following situations

- 2.1 A 4-year-old girl was brought for evaluation of a harsh cough and difficulty breathing. She developed a cold with a runny nose 3 days ago and has been feeling ill
- 2.2 A 3-year child presented with a 5-day history of loss of appetite and a 2-day history of passing pale, thick, pasty faeces. The child's mother revealed that the child frequently ate soil.
- 2.3 A 5-year-old man who has been experiencing fatigue, fever, and lower back pain for the past few weeks. He also notices that his urine is darker than usual and has a strong odor.
- 2.4 A mother of a 10-day infant has noticed that her baby is making a loud, high-pitched noise when breathing out.

(4 x 5 = 20 Marks)

03.11.2023

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