

01 NOV 2023

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FACULTY OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
LEVEL V – 1ST SEMESTER EXAMINATION – OCT/DEC 2023

University of Colombo

PK 5102 - STREE ROGA AND PRASUTI TANTRA
(AYURVEDA GYNAECOLOGY AND OBSTETRICS)- I

Date: 01.11.2023

Time: 09.45 a.m. – 12.15 p.m.

Answer all questions.

Index No:

A. Structured Questions

01.

1.1 Fill the following table regarding *Yoni & Garbhashaya* with Sloka according to Ayurveda.

(03 marks)

	Acharya Susruta
Location of <i>Garbhashaya</i>	
Shape of <i>Garbhashaya</i>	
Shape of <i>Yoni</i>	

1.2 List bones of Pelvis according to Acharya Susruta

(01 mark)

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1.3 Describe *Marma* in breasts

(02 marks)

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02.

2. 1 Fill the following table regarding *Arthava Chakra*.

(03 marks)

	<i>Ritu Kala</i>	<i>Ritu Vyatita Kala</i>	<i>Rajas Srava Kala</i>
<i>Dosha</i> Predominance			
Duration			
Key Features			
Best external treatment procedure prescribed in <i>Vandyathva</i> caused by <i>Artava</i> <i>Kshaya</i>			

2.2 Write Sloka that define *Riiumati Lakshana* according to Acharya Susruta (02 marks)

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2.3 Divide the *Rajo Nivritti Lakshana* according to the *Dosha* (03 marks)

<i>Rajo Nivritti Lakshana</i>		
<i>Vata Lakshana</i>	<i>Pitta Lakshana</i>	<i>Kapha Lakshana</i>
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.

03.

3. 1 Mention the *Yoni Vyapath* which are only explained by *Acharya Susruta* (02 marks)

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3.2 How we can differentiate the types of *Vataja Yoni Vyapath* mentioned in *Susruta Samhita* by Pain (03 marks)

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3.3 In all cases of *Vataja Yoni Vyapath*, the treatment should be directed to the *Vata Shamana*. Brief the action of *Vataja Yoni Vyapath Chikitsa muladharm* on Vata dosha. (02 marks)

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4. A 23 years old unmarried woman presented to the Streeroga Clinic with the complaints of vaginal discharge since last 5 - 7 days. She described the discharge is white in colour, curd like in consistency, associated with itching and discomfort and disturbed her sleep.

4.1 Give 03 differential diagnoses for the above-mentioned case study? (1.5 mark)

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4.2 Mention the causes for abnormal vaginal discharge?

(02 mark)

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4.3 How you differentiate the pathological and physiological vaginal discharges? (02 marks)

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4.4 Write three medicine available in OPD with dosage and *anupana* which can be used for manage aforesaid case. (02 marks)

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5. 5.1 Write Nidana of *Yoni Kanda* with Sloka

(2.5 marks)

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5.2 Mention *Dosha, Dushya, Srotas* and *Sthana* of *Yoni Kanda*

(01 mark)

Dosha:

Dushya:

Srotas:

Sthana:

5.3 Brief the management of *Yoni Kanda*

(02 marks)

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06.

6. 1 Write the *Nidana & Samprapti* (etiopathogenesis) of *Rakta Gulma* according to the *Acharya Charaka*. (02 marks)

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6.2 Mention *Purva Rupa & Rupa* of *Rakta Gulma*.

(02 marks)

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6.3 Brief *Rakta Gulma Chikitsa* including *Chikitsa muladharm* & two external treatment procedures

(02 marks)

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B. Essay Question

1. A 31-year-old married since last 5 years, presented to the Streeroga clinic along with her husband with the complaint of subfertility. The couple has been practicing regular sexual intercourse and her menstruation is regular. In *prasava ithihasa* two miscarriages are reported at 13 weeks of gestation.

Write *Roga Vinirnaya*, and complete management for above case including *Chikitsa Muladharm*, specific external and internal treatments with their mode of action. (20 Marks)

2. A lady, 30 years of age complains on *Artava ativriddhi* due to multiple uterine fibroids for 2 years. Mention *Chikitsa muladharm*, investigations, *chikitsa* and *pathyapathya* (20 Marks)
