



05

EXAMINATIONS
Institute of Indigenous Medicine
22 FEB 2023
University of Colombo

1

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY
SECOND PROFESSIONAL BAMS (2017/2018) RE-REPEAT EXAMINATION
FEBRUARY 2023
A.2.1.2. – BHAI SAJYA KALPANA

Date: 22.02.2023
Time: 9.45am-12.15pm

Index No

Answer all questions.

Part I - Structured Questions

1.1. Define Avaleha Kalpana (02 Marks)

.....
.....
.....
.....
.....

1.2. Write 04 benefits of Prakshepa Dravya in Avaleha Kalpana (02 Marks)

.....
.....
.....
.....
.....

1.3. Define Sharkara Kalpana (02 Marks)

.....
.....
.....
.....

1.4. Define Khanda Kalpana (02 marks)

.....
.....
.....

2.

2.1 Define functional food and nutraceuticals (02 marks)

.....
.....
.....
.....
.....

2.2. Write 4 benefits of nutraceuticals (02 marks)

.....
.....
.....
.....

2.3. Name the main nutraceutical based on the given food (02 marks)

Food	Nutraceutical
Tea	
Red peper	
Soy beans	
Turmeric	

2.4. Write 4 nutraceuticals used in geriatrics (02 marks)

.....
.....
.....
.....

3.

3.1. Briefly explain Basna Kalpana (02 marks)

.....
.....
.....
.....
.....

3.2. The ingredients of Alupuhul Basnaya as follows.

- Ash gourd (Alu Puhul)
- Ginger juice 1 bottle
- Lime juice 1 bottle
- Coconut treacle 1 bottle
- Kithul treacle 1 bottle
- Yabora powder 1 Palam

Write the preparation method of Alupuhul Basnaya (04 marks)

.....

.....

.....

.....

.....

3.3 Write 4 examples for Basna Kalpana (02 marks)

.....

.....

.....

4.

4.1 Name 03 Pathya Kalpana prepared by using rice (02 marks)

.....

.....

4.2 Write the preparation method of above mentioned one preparation (02 marks)

.....

.....

.....

.....

4.3 Name different Yavagu Kalpana . (02 marks)

.....

.....

.....

.....

5.

5.1 Write 4 ingredients of following each formula.

(02 marks)

a. Buddharaja Guliya:

.....
.....
.....
.....

b. Sharkaradi Kalkaya:

.....
.....
.....
.....

5.2 Write the ingredients of the following Anupana in poetry form and list the ingredients.

(02 marks x 2)

a. Matavruhati Anupanaya

.....
.....
.....
.....

b. Deniba Debatu Anupanaya

.....
.....
.....
.....

5.3 Write the pill size of following formulae in Vatika Prakaranaya

(02 mark x 2)

a. Seetahrama Vati –

.....

b. Jeevanandi Vati –

.....

Essay Question

1.

1.1 Explain the differences in preparation method of Asawa and Arishta (08 marks)

1.2 Write the indications of following Sandhana preparations.

a. Pipalyadyasawa

b. Balarishta

c. Takrarishta

d. Abhayarishta

e. Lauhasawa

f. Dasamoolarishta,

(12 marks)

2.

2.1 Name primary preparations according to Sharangadhra Samhitha (05 marks)

2.2 **“Without primary preparations it is not possible to prepare secondary preparations.”**

Explain this statement by using different examples.

(15 marks)

Date: 22.02.2023

Essay Question

1.

1.1 Explain the differences in preparation method of Asawa and Arishta (08 marks)

1.2 Write the indications of following Sandhana preparations.

a. Pipalyadyasawa

b. Balarishta

c. Takrarishta

d. Abhayarishta

e. Lauhasawa

f. Dasamoolarishta,

(12 marks)

2.

2.1 Name primary preparations according to Sharangadhra Samhitha (05 marks)

2.2 **“Without primary preparations it is not possible to prepare secondary preparations.”**

Explain this statement by using different examples.

(15 marks)

Date: 22.02.2023
