



010

EXAMINATIONS  
Institute of Indigenous Medicine

INSTITUTE OF INDIGENOUS MEDICINE, UNIVERSITY OF COLOMBO  
DEGREE OF BACHELOR OF AYURVEDA MEDICINE AND SURGERY  
SECOND PROFESSIONAL BAMS (2017/2018) REPEAT EXAMINATION  
JANUARY – FEBRUARY 2023

A 2.1.8 – CHIKITSA MULADHARMA AND PANCHAKARMA

Date: 11.01.2023

Time: 9.45am-12.15pm

Index No

Answer all questions.

Part I - Structured Questions

1.

1.1 What is Apatya Varjana Kala?

(04 Marks)

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1. 2. Write four factors to be avoided during Panchakarma?

(04 Marks)

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2.

2.1 What is "Chikitsa Maryada"?

(04 Marks)

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2.2. Complete the following stanza and write down its meaning regarding the Virechana Ayogya

(04 Marks)

**Nathu rechya navajware.....**

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3.

3.1. What are the four actions of Niruha Vasti

(04 Marks)

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3.2. Complete the below stanza given for Samyak Snigdha Nasya Lakshana

(02 Marks)

**Samyak snigdhe.....**

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3.3. What are the symptoms of Atilanghana Chikitsa?

(02 Marks)

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04.

4.1. Write Most suitable Mud for bellow mentioned Conditions

(04 Marks)

- Amavata - .....
- Charma Roga - .....
- Unmada - .....
- Ajeerana - .....



4.2. Briefly describe procedure of heating oil for Pada Abhyanga? (04 Marks)

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5.

5.1. State two important ways of Marma in relation to Chikitsa Muladharna (04 Marks)

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5.2. List out two asanas can be used for each condition below (04 Marks)

Prameha

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.....

Katishoola

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.....

### Part II – Essay Questions

1. Write short notes on
  - 1.1. Importance of Pashchat Karma (05 Marks)
  - 1.2. Benefits of Langhana Therapy (05 Marks)
  - 1.3. Indication for Uttara Vasti (05 Marks)
  - 1.4. Use of Moor Mud in Skin Care (05 Marks)
2. Briefly explain
  - 2.1. Therapies for Oral Hygiene (05 Marks)
  - 2.2. Naisthiki Chikitsa for mental stress (05 Marks)
  - 2.3. Sroto Dusti Lakshana with examples (05 Marks)
  - 2.4. Importance of Vajikarana Chikitsa (05 Marks)

Date: 11.01.2023.

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